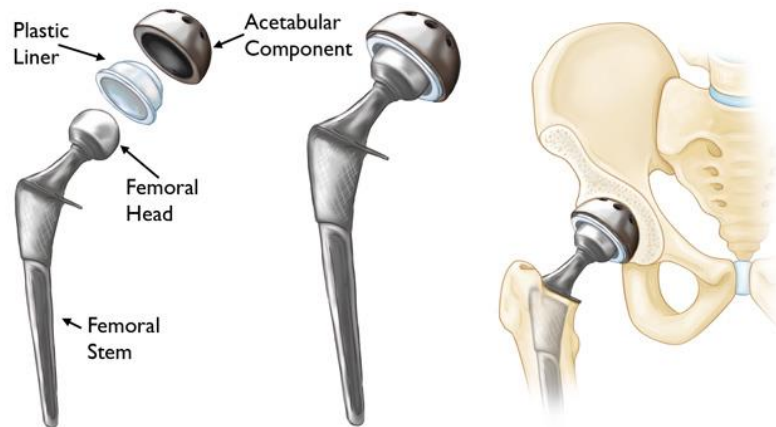


John Carlo Bonano, MD

Anterior Total Hip Replacement

What is hip replacement surgery? Hip replacement surgery is a surgical procedure that involves removing the damaged femoral head and replacing the hip joint surfaces with artificial components, which are made of metal, plastic, or ceramics.



AAOS

What is the anterior approach? This refers to a minimally invasive approach using a small incision in the front of the hip to access the joint without cutting muscles or tendons. Patients may have a quicker recovery after surgery and have no restrictions or precautions.

What are the indications? Hip replacement surgery is treatment for hip arthritis that has not responded to conservative care (activity modification, therapy, exercise, NSAIDs). The goal of surgery is to improve pain and quality of life.

What are the risks? Complications are rare but include bleeding, infection, fracture, dislocation, leg length inequality, blood clots, and nerve or muscle damage.

What will happen during the surgery? Patients will be put to sleep in the operating room under general or spinal anesthesia. They will be transferred to a special table and the procedure will take about 2 hours. The patient will awaken in the recovery area and then be transferred to our orthopedic unit to work with physical therapy.

What will happen after surgery? Most patients will be discharged home the same day. Patients will receive detailed instructions about their recovery after hip surgery. After discharge, patients will have home physical therapy visits and be seen for their first follow up at 2 weeks.

For more information visit:

orthoinfo.org/en/treatment/total-hip-replacement/
johnbonanomd.com/tha